



**[comfort zone]
at brookdale clinic**

treatment list and prices



All [**comfort zone**] treatments
begin with our signature
tranquility welcome ritual to
relax and soothe the senses

introduction

Established in Parma in 1993 by Davide Bollati, **[comfort zone]** is a leading Italian manufacturer of luxury skincare products and treatments, as supplied to premier salons and spas across 60 countries worldwide.

[comfort zone] was awarded 'Best European Spa Product' in 2006 and in 2008 was voted 'Skincare Supplier of the Year' at the Grazia sponsored Professional Beauty Awards.

[comfort zone] at Brookdale Clinic aims to provide a unique experience for the senses with extraordinary, visible results.



The Nailtiques treatment system – as endorsed by Kate Moss, Victoria Beckham, Beyonce Knowles, Nicole Kidman and many more celebs – is used for beautiful natural nails, with colours by Orly of Los Angeles.



And for a fabulous natural-looking tan, Annabelle uses the amazing FakeBake range, which was voted No.1 self-tanner by the influential New York Times, when tested against 22 other self-tans.

rebalance

hydramemory

24 hr deep hydrating treatment

60 mins

£48

A deeply hydrating treatment to improve moisture levels in the skin. Hibiscus and honey work to retain moisture in the skin whilst the special ingredient trehalose, taken from a desert plant, works to increase the moisture and leave the skin feeling like silk.

skin resonance

rebalancing treatment for sensitive skins

60 mins

£48

A treatment developed to rebalance and strengthen sensitive skins. The treatment not only cools and calms but reduces any irritation within the skin.

recover touch

anti-oxidant vitamin treatment

60 mins

£48

Anti-oxidant vitamin treatment which works to neutralise free radicals which can destroy the skins natural collagen and elastin. Nourishing cloudberry and canola oil revive a dull, tired complexion.

purify

active pureness rebalancing

deep purifying treatment

60 mins

£48

Deep cleansing treatment recommended for oily or combination skins, extracts of sage, balm mint and orange fruit water, deeply cleanse and leave the skin feeling fresh and restored.

active pureness regeneration

active treatment for problem and impure skins

60 mins

£55

Balances and treats problem skins, using fruit acids to gently exfoliate surface cells, leaving the skin fresh and clear.

renew and nourish

glorious skin

60 mins

£55

This treatment gives an immediate lifting and tensing effect. Working on the muscle contractions that naturally cause the skin to sag and facial muscle to drop. Incorporates the ingredient hexapeptide which works as a muscle inhibitor. This treatment is excellent for a special occasion or will give on-going lifting and firming effects, especially when used in conjunction with a special homecare programme.

chrono reverser collagen

exfoliation and anti-ageing
treatment

60 mins

£55

Using an exclusive synergy of new-generation active ingredients and superior collagen, this extraordinary treatment resurfaces, revitalises and deeply hydrates the skin, plumping out fine lines and leaving your skin supple and moisturised with an illuminated glow.

eye supreme

anti-ageing

30 mins

£28

Multi-active rejuvenating eye zone treatment. A specific treatment to rejuvenate the delicate area around the eyes. Natural ingredients combined with peptide technology will work to reduce dark circles, puffiness and fine lines. Moisture and hydration are also restored, whilst an innovative hydrogel mask will bring rapid relief from stress and fatigue.

lip blooming

30 mins

£24

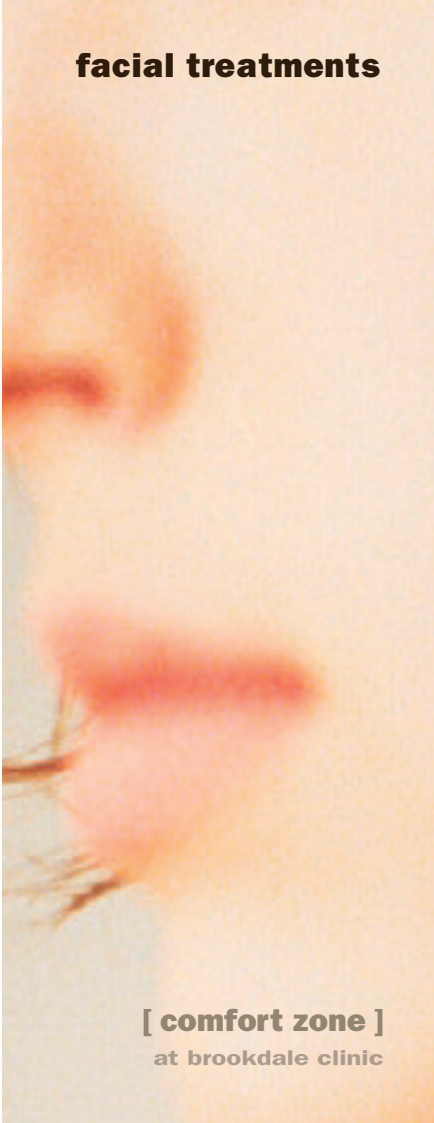
A complete lip care system to rejuvenate, smooth, nourish, hydrate and re-plump the lip area.

lip and eye (as above combined)

60 mins

£40

facial treatments



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body treatment

comfort touch massage

full body

60 mins £45

back, neck and shoulder

30 mins £28

Using specially selected oils to tailor-make the treatment to suit your needs. Designed to relax and rebalance energy levels, whilst alleviating muscular tension and stress.

tranquillity ritual treatment

aromatic well-being ritual
for face and body

45 mins £58

The precious combination of a delicate texture, aromacological olfactive notes and the power of human touch, renders this a unique experience to deeply relax body and mind.

D-age

firming and anti-ageing
body treatment

60 mins £66

Using a synergy of active ingredients to firm and repair damaged skin. Kamani oil stimulates collagen synthesis and walnut works against the adverse effects of atmospheric pollution. D-age also works to reduce the appearance of stretch marks and aids in the prevention of new ones.

body strategist

body strategist

cellulite remodeller

double action cellulite
treatment

45 mins £66

To reduce adipose deposits, assist local microcirculation and stimulate lipolytic action. This treatment is not advised for people with fragile capillaries, thyroid concerns and during pregnancy.

body strategist and algae treatment

60 mins £66

A powerful treatment which combines the strength of algae and specific active ingredients for the treatment of cellulite.

hands and feet

lushly

polynesian rituals with tiare
flower blossom extract for
hands and feet

Hands 35 mins £36

Feet 30 mins £32

An exotic treatment inspired by an ancient Polynesian rite for bestowing well being to hands and feet. This exfoliating, hydrating and refreshing action restores suppleness and hydration to tired hands and feet, leaving the skin soft and beautifully fragranced with tiare flower extract.

hydrotherm

heated waterbed massage treatment

the supreme experience

1hr 10 mins **£69**

Particularly beneficial during pregnancy.

man space

hydra performance facial rehydration treatment for men

45 - 60 mins **£48**

Perfectly restores moisture levels to the skin by the use of active ingredients such as Swiss glacial water. Ideal for frequent flyers or skin that is exposed to extreme temperatures and environmental stress.

pure performance facial active purification treatment

45 - 60 mins **£48**

Removes impurities whilst rebalancing oily areas. This deep cleansing treatment leaves the skin with a perfectly matte finish.

anti-age performance facial active rejuvenating treatment

45 - 60 mins **£55**

Active treatment to contrast wrinkles and expression lines, stimulates cell renewal leaving the skin firm, compact and toned. Uses a lightweight ultra effective serum to firm the skin's surface.

body treatments

bespoke packages are also available which combine [**comfort zone**] treatments with others offered in the clinic, such as cosmetic laser, botox etc.

Please ask at reception for more details.

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nails



manicure

1hr £23.00

pedicure

1hr £25.00

manicure deluxe

(heated mitts)

1hr 15mins £25.00

pedicure deluxe

(heated booties)

1hr 15mins £27.00

file and polish

(hands and feet)

30 mins £12.00

french polish

£2.00 extra

gems

30p each extra



waxing

half leg

30 mins £16.00

full leg

45 mins £22.00

bikini

15 mins £9.50

under arm

15 mins £8.50

lip

15 mins £7.00

lip and chin

20 mins £10.50

eye brow

15 mins £7.00

back or chest

30 mins £18.00

back and chest

1 hr £32.00

$\frac{3}{4}$ leg

45 mins £19.00

forearm

30 mins £9.50

tinting and shaping

eyebrow tint

15 mins £8.00

eyelash tint

15 mins £10.00

eyebrow and lash tint

30 mins £16.00

eyebrow re-shape

15 mins £9.00

make-up

day make-up application

45 mins £25.00

evening make-up application

45 mins £30.00

make-up lesson

£15.00

bridal/special occasions

prices on application

tanning

full body

(spray)

15 mins £25.00

(exfoliate before you arrive)

full body

(lotion)

1hr 30 mins £40.00

(including full exfoliation)



other treatments



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satnav ref: WA16 0SR

opening times:

mon-fri – 9am to 6pm

weds (late night) – 9am to 8pm

saturday – 9am to 12.00

ample free parking

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